

F0800: Staff Assessment of Daily and Activity Preferences

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Do not conduct if Interview for Daily and Activity Preferences (F0400–F0500) was completed	
Resident Prefers:	
↓	Check all that apply
<input type="checkbox"/>	A. Choosing clothes to wear
<input type="checkbox"/>	B. Caring for personal belongings
<input type="checkbox"/>	C. Receiving tub bath
<input type="checkbox"/>	D. Receiving shower
<input type="checkbox"/>	E. Receiving bed bath
<input type="checkbox"/>	F. Receiving sponge bath
<input type="checkbox"/>	G. Snacks between meals
<input type="checkbox"/>	H. Staying up past 8:00 p.m.
<input type="checkbox"/>	I. Family or significant other involvement in care discussions
<input type="checkbox"/>	J. Use of phone in private
<input type="checkbox"/>	K. Place to lock personal belongings
<input type="checkbox"/>	L. Reading books, newspapers, or magazines
<input type="checkbox"/>	M. Listening to music
<input type="checkbox"/>	N. Being around animals such as pets
<input type="checkbox"/>	O. Keeping up with the news
<input type="checkbox"/>	P. Doing things with groups of people
<input type="checkbox"/>	Q. Participating in favorite activities
<input type="checkbox"/>	R. Spending time away from the nursing home
<input type="checkbox"/>	S. Spending time outdoors
<input type="checkbox"/>	T. Participating in religious activities or practices
<input type="checkbox"/>	Z. None of the above

F0800: Staff Assessment of Daily and Activity Preferences (cont.)

Item Rationale

Health-related Quality of Life

- Alternate means of assessing daily preferences must be used for residents who cannot communicate. This ensures that information about their preferences is not overlooked.
- Activities allow residents to establish meaning in their lives. A lack of meaningful and enjoyable activities can result in boredom, depression, and behavioral symptoms.

Planning for Care

- Caregiving staff should use observations of resident behaviors to understand resident likes and dislikes in cases where the resident, family, or significant other cannot report the resident's preferences. This allows care plans to be individualized to each resident.

Steps for Assessment

1. Observe the resident when the care, routines, and activities specified in these items are made available to the resident.
2. Observations should be made by staff across all shifts and departments and others with close contact with the resident.
3. If the resident appears happy or content (e.g., is involved, pays attention, smiles) during an activity listed in **Staff Assessment of Daily and Activity Preferences** item (F0800), then that item should be checked.

If the resident seems to resist or withdraw when these are made available, then do not check that item.

Coding Instructions

Check all that apply in the last 7 days based on staff observation of resident preferences.